

Munson Healthcare Hospice

Fall 2025 Grief Support Schedule

ON-GOING GRIEF SUPPORT GROUPS			
Houghton Lake	Houghton Lake Senior Center	2625 Town Line Rd. Houghton Lake	Every 2nd and 4th Monday at 11:00am
	Please RSVP with Lonnie Wilkerson by calling 800-252-2065		
Manistee	Manistee Senior Center	260 St. Mary S. Parkway, Manistee	First Thursday of every month at 11:00am
	Please RSVP with Doug Klee by calling 970-388-3114		
Traverse City	Hospice House	450 Brook St., Traverse City	Every Tuesday at 11:00am
	Please RSVP with Erin Gray by calling 231-935-2053		
Traverse City	Grief Recovery Office	955 E. Eighth St. Suite 2B, Traverse City	Every Saturday at 10:00am
	Please RSVP with Sharon Neumann by calling 231-633-8384		
Virtual	Zoom Grief Support Group	Every Thursday at 10:00am	Sharon Neumann (sneumann@mhc.net)
Virtual	Zoom Grief Support Group	Every Friday at 10:30am	Karen Henderlong (khenderlong@mhc.net)
Please email HospiceBereavement@mhc.net for more information and links to our virtual support groups			
SCHEDULED CLASSES			
Virtual	Understanding Your Grief	Every Wednesday: Sept. 3rd - Oct. 29th	6:00pm - 8:00pm
	Grief Recovery	Every Friday: Sept 4th - Oct. 30th	1:00pm - 3:00pm
In-Person	Understanding Your Grief	Every Wednesday: Sept. 3rd - Oct. 29th	3:00pm - 5:00pm
	955 East 8th Street, Suite 2B, Traverse City		
	Grief Recovery	Every Friday: Sept 4th - Oct. 30th	10am-12pm
	955 East 8th Street, Suite 2B, Traverse City		
Please contact Sharon Neumann at 231-633-8384 or sneumann@mhc.net to register for a class. Dates and times are subject to change depending number of participants for each class. Late registrations are welcome up to and including the third week of the course.			

There is no cost to attend groups or classes but registration is required. Please contact the leader prior to attending. Schedule is subject to change depending on the number of participants in each group. Groups are canceled when they fall on observed holidays.

For more information on any of our groups or grief support services, call 800-252-2065 or email:
HospiceBereavement@mhc.net

Schedule Valid Through October 30th, 2025